

Managed by Presbyterian Villages of MI

December 2019



Remember When: Red Pistachios

Snacking on pistachios used to leave folks seeing red—their red-stained fingers and lips. Before the 1980s, most of America's pistachio supply was imported from the Middle East, where the nuts were dyed bright red to cover blemishes caused during harvesting. Improved production methods eliminated the need for dyeing, and today, nearly all the pistachios sold in the U.S. are grown in California. Red pistachios can still be found as a novelty item, especially during the holidays.

Embracing the Connectedness of the Holidays

The holidays are a time for us not only to step back and reflect on past traditions and memories but also to create new ones. We are reminded to cherish our time with loved ones despite the rush of the season shifting our focus away from each other. Often we become focused on the giving of presents, but what our loved ones really need is our presence.

At McFarlan Villages, we encourage everyone to spread some holiday cheer by sharing stories, looking back on your family's holiday traditions, and participating in some of the festive activities happening around our community. You might even make a new friend!

Whether it is starting a new tradition or remembering an old one, everyone is invited to join

our McFarlan Villages community celebration this holiday season. Tabatha Dolan Wellness Coord.

Happy Holly-days

Haul out the holly! For thousands of years, people from different cultures have used branches of holly, full of glossy green leaves, to decorate their homes in wintertime. Birds like to feast on the foliage's bright red berries. Of the 400-plus varieties, English holly and American holly are most commonly associated with the holiday season.

December Days to Remember

- 12/3 Giving Tuesday
- 12/4 National Cookie Day
- 12/12 Gingerbread House Day
- 12/20 Ugly Xmas Sweater Day
- 12/21 First Day of Winter
- 12/21 Crossword Puzzle Day
- 12/25 Christmas
- 12/31 New Year's Eve

McFarlan Home Front Desk Phone 810-235-3077

Court Street Village

Office Phone (East) 810-239-4400 Office Phone (West) 810-239-4700

Salon (Court Street Village) 810-814-1666 (By Appointment Only) After-Hours Emergency Maintenance (Court Street Village) (810) 938-3273

After-Hours On-Site Emergency (Court Street Village)

700 Building (810) 938-0392 800 Building (810) 938-3272



WELCOME

McFarlan Villages is Online!

There are many ways to connect with us:

1. Visit our website for information about our properties at mcfarlanvillages.org.

2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We just passed 200 likes—like us to join the fun!

3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to jwamsley@pvm.org.



Mix and Mingle

Holiday gatherings can be a merry way to catch up with loved ones and meet new people, and all that socializing can be good for your health. Experts say mingling with others can help lower stress, boost confidence, and improve physical well-being.



Volunteer Feature

Resident Liaison

Florence Taylor, James Riley, Roosevelt Mitchner, Shane Dawson, Thelma Mull, Wendall Moore <u>Indoor Beautification</u> James Humpert, Kathleen Knott, Lillie

Green, Louise McCorry, William Wanbaugh

Outdoor Beautification Annie Wilson, James Humpert, James Riley, Jeanette Johnson, Thelma Mull, William Wanbaugh

<u>Coffee Baristas</u> James Humpert, Richard McCoy <u>Community Improvement Research</u> Karen Lyons <u>West Office Volunteers</u> Angela Barrett, James Humpert <u>Resident Event Volunteers</u> Betty Lott, Bettye Brown, Charles



Resident Shining Star Buddy Elbert

McFarlan Villages

MTA Bus Schedule (Court Street Village)

Meijer N	<i>Ion,</i> 12:45pm
Walmart (Belsay)	Thurs, 10am
Kroger/Walmart (Corunna)) Fri, 9am

Frankie's Place Convenience Store (Court Street Village)

Mon, Wed, and Fri 11:30am-2:30pm

Henderson, Florence Taylor, Jeanette Johnson, Karen Johnson, Shane Dawson, Sharla Wilbanks, Thelma Mull <u>Condolence Angels</u> Herosa Simon, Willie Jo Foote <u>Community Flyer Distribution</u> Helen Hodorovich, Linda Morris, Richard McCoy, Lavena Colley <u>Community Closet Staff</u> Helen Hodorovich, Lavena Colley, Ruth Youngs, Lois Eaker, Floradine Taylor Children Center Staff

Cindy Duffie, Lavena Colley, Ruth Youngs, Lois Eaker, Floradine Taylor



Employee of the Month



Congratulations to Allen Hamlett, our November Employee of the Month! Allen has been a Maintenance Tech with McFarlan

Villages for over two years and continually strives to provide excellent service to our residents.

We asked Allen to share a little more about himself!

What do you love most about your position here?

The residents at Court Street Village.

What motivates you?

Making sure that I do a good job for the residents.

What do you like to do outside of work?

I like to attend sporting events. What have you learned most in your position here?

I have learned the importance of having patience.



Positive Thought "Time is not measured by clocks, but by moments." —Susan J. Decuir



First Annual Nightmare on Kearsley Street 늘







Wreaths Across America

Every year on a Saturday in mid-December, the sacrifice of U.S. veterans is remembered and honored on Wreaths Across America Day. Wreaths are placed at veterans' graves at Arlington National Cemetery and more than 1,400 locations in all 50 states and abroad.



Flint Firebirds Hockey Game

McFarlan Villages



Wit & Wisdom

"He who marvels at the beauty of the world in summer will find equal cause for wonder and admiration in winter." —John Burroughs

"Always be on the lookout for the presence of wonder." —E.B. White

"Life itself is the most wonderful fairy tale." —Hans Christian Andersen

"Life has loveliness to sell, all beautiful and splendid things, blue waves whitened on a cliff, soaring fire that sways and sings, and children's faces looking up, holding wonder like a cup." —Sara Teasdale

"It is a wholesome and necessary thing for us to turn again to the Earth and in the contemplation of her beauties to know the sense of wonder and humility." —Rachel Carson

Detember 2015											
Sunday	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday				
1 Smith (East)	2 Earley (East)		3	4 Wilbanks (East)	5 Richmond (East)	6	7 Saucier (East)				
8	9 Brown (West)	1 Sutton (East)	10	11 Daniels (East)	12 Forte (West) Mitchner (East)	13	14				
15 Thompson (East)	16 Bell (West)	1 Neeley (East)	17	18 Goforth (McFarlan)	19	20	21 Blakley (East)				
22	HAPPY HOLIDAYS	2 Roberts (West)		Christmas 25 McCoy (East)	26	27 Brown (East) Taylor (West)	28 Kelly (West)				
29	30	3 Simon (East)	31		Dece	ember	L				

December 2019

Crossword Puzzle

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18				19				
20				21	22					23				
	I	I	24					25	26					
27	28	29					30					31	32	33
34		1	1			35						36		
37				38	39						40			
41				42							43			1
44				45					46	47				1
			48					49						
50	51	52					53					54	55	56
57					58	59				60	61			
62					63					64				
65		1	1		66	1				67				

ACROSS

1. Accumulate

- 6. ___ machine
- 10. Common contraction 14. Adhesive
- 15. Become fatigued
- 16. African flower
- 17. Map within a map
- 18. Consulates
- 20. Hair covering
- 21. Ripped
- 23. Pares
- 24. French mother
- 25. Adventuresome 27. Word of warning
- 30. Facts and figures
- 31. __ smear
- 34. Islamic nation
- 35. Family reunion attendees
- 36. Francois' friend
- 37. Former Claudia Alta Taylor
- 41. Resident's suffix
- 42. One married by
- Friar Lawrence
- 43. Capital city
- 44. To be in Madrid 45. Summers abroad
- 46. Window covering
- 48. Peruse
- 49. Bridge term
- 50. Stationed 53. Tiny particle
- 54. N.L. or A.L. employee

- 57. Accomplice
- 60. Hamelin's visitor
- 62. Niños' mamás: abbr.
- 63. Feed the kitty
- 64. Deteriorate
- 65. Roll call response
- 66. Elapse 67. Coty or Russo
- <u>DOWN</u>
- 1. Neat as
- 2. Horse's feature
- 3. Right-hand man: abbr.
- 4. Sault ___. Marie
- 5. Hunting dog
- 6. Cubic meter
- 7. Fruit
- 8. Globe
- 9. Beverage 10. Boxed
- 11. Tell __; prevaricate
- 12. Coward, for one
- 13. Hardy heroine
- 19. Noisy dive
- 22. Unrefined material
- 24. Lots
- 25. Stringed instrument
- 26. Prince ___ von Bismarck
- 27. Liver secretions
- 28. Wipe out 29. Egret or stork
- 30. Urbanites on a ranch
- 31. No longer fashionable
- 32. Soap plant

- 33. Small evergreen: Sp. 35. Ready for combat
- 38. Animal classes
- 39. Slightest amount
- 40. Schwarzkopf, for short
- 46. ___-pitch softball
- 47. Trailer
- 48. Della _
- 49. Eyelid troubles: var. 50. Big party
- 51. Piece of land
- 52. Disfiguring mark
- 53. Garfunkel and others
- 54. Preposition
- 55. Ancient Persian





- 56. Lincoln or Ford: abbr. 58. Gullible person 59. __ whim; capriciously 61. Wrath