

## Did You Know?

The lowest temperature ever recorded in Florida was minus 2 degrees in Tallahassee on Feb. 13, 1899.


## February Days

 to Remember
## Winter Camp

Attention McFarlan Village Residents! This February we will be hosting our annual winter camp to help beat the winter blues.

This is a great opportunity to connect with your neighbors, play games, make crafts, and engage in memorable experiences. This event will take place every day from February 3rd to February 7th from 1:30pm-4:30pm each day.

We will have activities such as an exotic animal zoo, putt putt golf and daily raffle prizes. Please see the flyers posted around the building and passed out to each door for the full daily agenda. We hope to see you there!

## Positive Thought

"The older I get, the greater power I seem to have to help the world; I am like a snowball-the further I am rolled, the more I gain." -Susan B. Anthony

## McFarlan Home Front Desk Phone 810-235-3077

Court Street Village
Office Phone (East) 810-239-4400
Office Phone (West) 810-239-4700
Salon (Court Street Village) 810-814-1666
(By Appointment Only)


## Everlasting 'LOVE’

Bold colors and four simple letters of the alphabet come together to form one of the most iconic artworks of the 20th century: Robert Indiana's "LOVE" painting, completed in 1966. The artist reproduced his design of the stacked letters and the famously tilted " O " on greeting cards, a bestselling U.S. postage stamp, and multiple large-scale sculptures around the world, including versions in Spanish and Hebrew.

## After-Hours Emergency Maintenance (Court Street Village) (810) 938-3273

After-Hours On-Site Emergency (Court Street Village)
700 Building (810) 938-0392 800 Building (810) 938-3272


## WELCOME

## McFarlan Villages is Online!

There are many ways to connect with us:

1. Visit our website for information about our properties at
mcfarlanvillages.org.
2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We just passed 200 likes-like us to join the fun!
3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to jwamsley@pvm.org.

'Star' Is One
How many words can you come up with using the letters in "sweetheart"?


Candy Box Clues
A famous line from the movie "Forrest Gump" compared life to a box of chocolates-"You never know what you're gonna get." But candymakers say there are clues that can help you find your favorite flavor in a box of drugstore sweets. Square and rectangle shapes are typically caramels or toffee. Circular and oval treats likely contain cream fillings. A bumpy surface signals covered nuts, and foil-wrapped candies often have liquid centers, as in a cordial.

## Volunteer Feature

Resident Liaison
Florence Taylor, James Riley, Roosevelt Mitchner, Shane Dawson, Thelma Mull, Wendall Moore Indoor Beautification
James Humpert, Kathleen Knott, Lillie Green, Louise McCorry, William Wanbaugh

Outdoor Beautification
Annie Wilson, James Humpert, James Riley, Jeanette Johnson, Thelma Mull, William Wanbaugh

Coffee Baristas
James Humpert, Richard McCoy Community Improvement Research Karen Lyons
West Office Volunteers
Angela Barrett, James Humpert
Resident Event Volunteers
Betty Lott, Bettye Brown, Charles

## MTA Bus Schedule (Court Street Village)

Meijer........................... Thurs, 10am
Walmart (Belsay) .......... 10 pm
Kroger/Walmart (Corunna) ..... Fri, 9am

## Frankie's Place Convenience Store (Court Street Village)

Mon, Wed, and Fri ..... 11:30am-2:30pm


Henderson, Florence Taylor, Jeanette Johnson, Karen Johnson, Shane Dawson, Sharla Wilbanks, Thelma Mull, Joe Baessler

Condolence Angels
Herosa Simon, Willie Jo Foote
Community Flyer Distribution
Helen Hodorovich, Linda Morris,
Richard McCoy, Lavena Colley
Community Closet Staff
Helen Hodorovich, Lavena Colley, Ruth Youngs, Lois Eaker, Floradine Taylor

## Children Center Staff

Cindy Duffie, Lavena Colley, Ruth Youngs, Lois Eaker, Floradine Taylor

## A New Look

Been thinking about rearranging your furniture? Now might be a good time. February is Pull Your Sofa Off the Wall Month.

## Employee of the Month

Congratulations to Dallies Edwards, our January Employee of the Month! Dallies has been a Cook with McFarlan Villages for just under a year and continually strives to provide excellent service to our residents.

We asked Allen to share a little more about himself!

What do you love most about your position here?

Getting to create good food!
What motivates you?
The competitive wages McFarlan has to offer.

What do you like to do outside of work?

I spend most of my time outside of work with my family.

What have you learned most in your position here?

I have learned a higher level of professionalism.

## Figure of Speech

Phrase: Learn by heart
Meaning: To memorize
Origin: Many of us know things by heart-from the multiplication tables we practiced as a child to the words of our favorite song. But why do we say "heart" instead of "head" when talking about memorization, which involves the brain? Historians say it's because the ancient Greeks believed the heart was the center of intelligence and memory as well as emotion. This led to the idea of learning something by heart, and the phrase has been in use since the 1300s.


## Brain Bender: What a Doll

Amy owns a four-piece set of Russian nesting dolls. Each of the four dolls has her own name-Anastasia, Irina, Katya or Natasha. Each is painted a different color-blue, purple, red or yellow. Using the following clues, can you place the dolls in order from smallest to largest, and determine the color of each one?

- When the dolls are nested, Natasha is only touching one other doll, the purple one.
- Katya is the red doll.
- The blue doll is larger than Irina, but smaller than Katya.
- The second-largest doll is not yellow.
(Answer: The smallest doll, Natasha, is yellow. The second-smallest doll, Irina, is purple. The second-largest doll, Anastasia, is blue. The largest doll, Katya, is red.)



## Wit \& Wisdom

"Cheerfulness is the best promoter of health and is as friendly to the mind as to the body." - Joseph Addison
"Be healthy and take care of yourself, but be happy with the beautiful things that make you, you."
-Beyoncé
"The root of all health is in the brain.
The trunk of it is
in emotion.
The branches and leaves are the body. The flower of health blooms when all parts work together."
-Kurdish proverb
"I do try to eat lots of salads and healthy foods. But cakes are healthy, too; you just eat a thin slice."
-Mary Berry
"Good health is a duty to yourself, to your contemporaries, to your inheritors, to the progress of the world." -Gwendolyn Brooks

February 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  | 1 |
| Morea (East) <br> Rugley (East) <br> Page (East) <br> Grow (East) <br> Turner (West) | 3 | 4 | 5 | $6$ <br> Wilson (East) | 7 | Willingham (East) |
| 9 | 10 | $11$ <br> Chizmadia (McFarlan) | 12 | Valestinés <br> HAPPY DAY | $14$ <br> P. Johnson (McFarlan) Towner (East) | Burgess (East) |
| 16 <br> Frato (West) | PRESIDENTS DAY |  18 <br> Baity (West) <br> Dunlap (West)  | $19$ <br> Rumph (East) | $20$ <br> Bowens (East) | $21$ <br> King (West) | 22 |
| 23 <br> Lusane (West) | $24$ <br> Frazier (East) Williams (East) | Hill (East) Mull (East) | $26$ <br> Causey (East) | 27 | 28 | Coleman (East) 29 |



