

March 2018

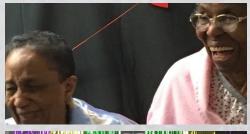






Managed by Presbyterian Villages of MI

Our Residents Had a Great Time Last Month!







Mary McFarlan Whaley

In celebration of Women's History month, I would like to recognize the contribution of Mary McFarlan Whaley, whose legacy lives on at McFarlan Villages.

Mrs. Whaley was a philanthropist who supported her church, St. Paul's Episcopal Church, where she had a chapel built in memory of her mother and four aunts called The Five Sisters Chapel. In honor of her son, Donald, who passed away at the age of ten of diphtheria, Mrs. Whaley donated land and funding to build a children's home, Furthermore, Mrs. Whalev established a trust to create a home for elderly ladies which included her home and funding to support the residents, and named the home after her parents.

Mrs. Whaley passed away in 1925 and McFarlan Home opened its doors in 1926. We owe a debt of gratitude to Mary McFarlan Whaley, whose generosity now supports over 300 seniors in Flint by providing affordable housing and exceptional services to seniors.

> Erica Thrash-Sall Executive Director McFarlan Villages



Spring Ahead!

Daylight Saving begins March 11th. Don't forget to set your clocks ahead 1 hour before you go to bed on Saturday night to make sure you don't miss breakfast—or church—on Sunday!





McFarlan Home

Front Desk Phone 810-235-3077

Court Street Village

Office Phone (East) 810-239-4400 Office Phone (West) 810-239-4700 After-Hours Emergency Maintenance (Court Street Village) (810) 938-3273

After-Hours On-Site Emergency (Court Street Village)

700 Building (810) 938-0392 800 Building (810) 938-3272



WELCOME



McFarlan Villages is Online!

There are many ways to connect with us:

- 1. Visit our website for information about our properties at mcfarlanvillages.org.
- 2. We've been posting a lot of pictures and videos of our amazing residents on our Facebook page. We're on our way to 150 likes—like us to join the fun!
- 3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to mfrey@pvm.org.

Sudoku Puzzles are solved by placing the numbers 1-9 in each row, column, and box without duplicating. Good luck!

1			တ	8		6		35
				1	3		2	5
	3	8						
6			2		5	7		
7	8		6		1		3	9
		9	7		8			1
						4	5	
3	2		1	5				
<u>3</u> 5		4		2	6			7

Sudoku Puzzle provided by www.sudokuoftheday.com—visit their website to keep your brain sharp by enjoying a Sudoku puzzle every day!



McFarlan Villages

MTA Bus Schedule (Court Street Village)

Meijer Mon, 12:45pm Walmart (Belsay) Thurs, 10am Kroger/Walmart (Corunna) Fri, 9am

West Store Hours (Court Street Village)

Mon, Wed, and Fri 11:30am-2:30pm



Coming Up in March

3/1 Purim
3/2 Dr. Seuss Day
3/11 Daylight Saving Begins
3/14 Pi Day
3/14-3/20 National Chocolate Week
3/17 St. Patrick's Day

Vernal (Spring) Equinox

3/25 Palm Sunday3/30 Good Friday3/31 Passover Begins

3/20





Please Welcome Brittany Harvey to McFarlan Villages!

Last month, McFarlan Home welcomed a new Wellness
Coordinator! Brittany Harvey has a degree in Healthcare Administration from U of M and interned here at McFarlan Villages this past summer. She loves our residents, lives in Grand Blanc, and has a dog named Champ! Please take the opportunity to say hi to Brittany when you get the chance!





New Resident Spotlight Coming Next Month!

Starting with our April newsletter, each month we will be spotlighting one of our wonderful residents at McFarlan Villages! Please look in this spot next month for our inaugural article.



Court Street Village Community Visit

Dr. Abdul El-Sayed, who is running for governor, will be at McFarlan Court Street Village to meet and talk with community members on March 13th from 2-4pm at 700 E. Court Street. All are invited, refreshments will be served.

Holy Week 2018

The last week of March is considered Holy Week by many religious people. Holy Week begins with Palm Sunday, the day that commemorates the arrival of Jesus in Jerusalem. The Jewish people laid palm branches in front of Jesus' donkey in a display of respect and honor.

Maundy Thursday is thought of as the day where Jesus ate the Last Supper with his apostles and was the beginning of the common religious practice of Holy Communion. In practice, many today receive communion to remember the sacrifice of Jesus.

Good Friday is traditionally acknowledged as the day Jesus was crucified, a Roman method of execution carried out on a cross. He was convicted of claiming to be king and was sentenced to death.

Easter Sunday, which falls on April 1st this year, is the day remembered as Resurrection Sunday, the day when Jesus rose from the dead. Many may not know that according to religious texts, a woman first discovered the empty tomb and ran to tell everyone what she'd found.

Whatever your religious beliefs, Easter is still a good time to spend time with family, enjoy some hopefully nice spring weather, and maybe eat a jelly bean or two!





Quotes

"Are you looking for gold, friend? Look around you; anything useful to you is pure gold, pure silver!" —Mehmet Murat Ildan

"The man who treasures his friends is usually solid gold himself." —Marjorie Holmes

"Fire is the test of gold; adversity, of strong men." —Seneca

"If more of us valued food and cheer and song above hoarded gold, it would be a merrier world." —J.R.R. Tolkien

"Truth, like gold, is to be obtained not by its growth, but by washing away from it all that is not gold." —Leo Tolstoy

"Gold is good in its place; but living, brave, patriotic men are better than gold." —Abraham Lincoln

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	March 201 McFarlar	8 Birthdays n Villages		Purim 1	Holi 2 Allen (East)	Johnson (West)
4	5 Stewart (East)	6	7	8	WELCOME, 1	10
DAYLIGHT SAVING TIME BEGINS	12	13	Pi Day 14	Butters (West) Washam (East)	16	Johnson (McFarlan)
18	19	Spring Equinox 20 Armstrong (West)	Bacon (East)	22	23	24
Palm Sunday 25 Surdu (McFarlan)	26	27 Mitchner (West)	28	29	Good Friday 30	Passover Passover

McFarlan Court Street Village News!

- We are getting ready to start renovations to the West building in the next few months.
 Please join us for a community conversation at 10am on Friday, March 2, 2018, in the 700 building dining room.
- We are going smoke-free on April 1st (No April Fools).
- Please remember to take large bags of garbage or furniture to the dumpster. You will receive a fine if items are left in the trash room.
- We are tagging and towing cars that are parked illegally, so please beware. There are quite a few carports still available for \$15.00 per month.
- We have a Service Coordinator on site to help with referrals, managing finances, signing up for health insurance, etc... Don't wait until you are struggling— please contact Angela Longley. Her office is in the library of the 800 building.

- For March <u>only</u> we are offering an incentive if you sign up for ACH (electronic funds transfer) rent payments. You will receive \$50 off your April rent if you sign up during the month of March. *You have to keep ACH for at least 1 year or you will have to pay the \$50 back.
- In an effort to keep our community cleaner, we are looking for 2 volunteers in the East building and 2 in the West to clean the trash and laundry rooms on the weekend.
 Volunteers would each receive a monthly rental concession of \$50 off their rent. Please contact Erica Thrash-Sall at (586) 871-3256 if you are interested.
- In an effort to reduce everyone's exposure to cold and flu, please stay in your apartment if you are experiencing symptoms. Remember to wash your hands frequently and ask your visitors to do the same. A healthy community is a happy community!

