

# March 2020





Managed by Presbyterian Villages of MI

#### **Finding a Four-Leaf Clover**

According to Irish legend, a four-leaf clover is said to bring good luck. What are the odds of finding the fabled variety? The chances of spotting one are 1 in 10,000, say scientists.



#### **Useful Umbrellas**

With spring's rainy weather, it's fitting that March is National Umbrella Month. Originally invented in ancient China to provide shade from the sun, umbrellas served as women's fashion accessories in Europe before they were used as protection from rain.

#### **Village Victory Cup 2020**

On March 31st Tom Wyllie, Director of Wellness, will be visiting Court Street Village to go over Village Victory Cup rules and regulations. Please join us for social hour in the west building at 3:00pm if you would like more information on Village Victory Cup.

# Make Up Your Mind in the Morning

When you're faced with an important decision, try tackling it before noon. Science says the morning hours are the best time of day to make a choice. Researchers came to this conclusion after analyzing the moves chess players made in a series of matches. The players made slower, more accurate moves in the morning, and as the day wore on, their decisions were faster, but those moves were more prone to errors.

#### A Figure of Speech

Phrase: Old school Meaning: Traditional or nostalgic

Origin: The description "old school" is often used to express respect for people, things and styles from an earlier time. It frequently conveys an air of nostalgia when referring to something from days gone by, such as old-school music. The term likely evolved from the longer phrase "of the old school," which has been in use since the mid-1700s.



## **March Days to Remember**

3/3 Caregiver Appr'n Day
3/8 Daylight Saving Time
3/10 Popcorn Lover's Day
3/17 St. Patrick's Day

3/19 First Day of Spring3/21 National Quilting Day

3/23 National Puppy Day 3/25 World Agriculture Day

#### **McFarlan Home**

Front Desk Phone 810-235-3077

#### **Court Street Village**

Office Phone (East) 810-239-4400 Office Phone (West) 810-239-4700

# Salon (Court Street Village)

810-814-1666 (By Appointment Only) After-Hours Emergency Maintenance (Court Street Village) (810) 938-3273

## After-Hours On-Site Emergency (Court Street Village)

700 Building (810) 938-0392 800 Building (810) 938-3272

# According to an old saying, "March comes in like a lion and goes out like a lamb." Weather folklore often illustrated balance in nature, so if the

## **WELCOME**

# McFarlan Villages is Online!

There are many ways to connect with us:

- 1. Visit our website for information about our properties at mcfarlanvillages.org.
- 2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We just passed 200 likes—like us to join the fun!
- 3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to jwamsley@pvm.org.

### Girl Scout Cookies

Who doesn't love Girl Scout Cookies? It's that time of year again, and colorful boxes of the tasty treats will be showcased at booths in and around our community. Please support our local troops by buying a box—or two or three! According to an old saying, "March comes in like a lion and goes out like a lamb." Weather folklore often illustrated balance in nature, so if the month roared in with storms, then it should end on a calm, docile note. Since March marks the end of winter and the beginning of spring, this prediction can be true at times, but for parts of the country, elements of both seasons can be felt throughout the month.









# MTA Bus Schedule (Court Street Village)

Meijer Mon, 12:45pm Walmart (Belsay) Thurs, 10am Kroger/Walmart (Corunna) Fri, 9am

# Frankie's Place Convenience Store (Court Street Village)

Mon, Wed, and Fri ..... 11:30am-2:30pm

#### **Shamrock Shake**

For some, the return of the Shamrock Shake is the first green of the spring season. McDonald's famous mint-flavored, green-dyed milkshake goes on its menu for a limited time around St. Patrick's Day. Since it was introduced in 1970, more than 60 million of the shakes have been sold.

#### **Volunteer Feature**

Resident Liaison

Florence Taylor, James Riley, Roosevelt Mitchner, Shane Dawson, Thelma Mull, Wendall Moore

Indoor Beautification

James Humpert, Kathleen Knott, Lillie Green, Louise McCorry, William Wanbaugh

Outdoor Beautification

Annie Wilson, James Humpert, James Riley, Jeanette Johnson, Thelma Mull, William Wanbaugh

Coffee Baristas

James Humpert, Richard McCoy Community Improvement Research

Karen Lyons

West Office Volunteers

Brenda King, James Humpert, Joey Baessler

Resident Event Volunteers

Betty Lott, Bettye Brown, Charles Henderson, Florence Taylor, Jeanette Johnson, Karen Johnson, Shane Dawson, Sharla Wilbanks, Thelma Mull, Joe Baessler

Condolence Angels

Herosa Simon, Willie Jo Foote Community Flyer Distribution

Helen Hodorovich, Linda Morris,

Richard McCoy, Lavena Colley

Community Closet Staff

Helen Hodorovich, Lavena Colley,

Ruth Youngs, Lois Eaker

Children Center Staff

Cindy Duffie, Lavena Colley, Ruth Youngs, Lois Eaker







#### **Employee of the Year!**

Congratulations to Jaina McNalley, our Employee of the Year! Jaina has been with McFarlan Villages for just over three years and continually strives to provide excellent service to our residents.

We asked Jaina to share a little more about herself!

What do you love most about your position here?

What I love most about my position at McFarlan Court Street Village is that every day is different. It's exciting to come into work not knowing exactly what the day will bring. The work environment is very high paced and high energy. I love the residents and I have built a bond with each and every one of them! I enjoy their company and I have learned so much just from talking with them. Without the residents, I wouldn't have a job.

What motivates you?

What motivates me the most is being able to help deliver resources to the residents. It makes me happy to be able to assist the residents and I hope that when I am a senior, I have

someone that is willing to help me.

What do you like to do outside
of work?

Spending time with my husband and kiddos is what I like to do most outside of work. I look forward to coming home every night to make them dinner, help with the house, and simply just spending quality time together. I also enjoy doing crafts, reading, and interior design. My dream would be to buy and flip houses just so I could design and decorate them!

What have you learned most in your position here?

What I've learned most in my position at Court Street Village is the true meaning of "team work." My leaders and co-workers are amazing! We are a small team, but we are a great team! I enjoy working with each and every one of them.

I've also learned to be more patient and compassionate for my elders. I feel like I respect them and understand them so much more now that I work with them every day, and I am able to see things in a whole new light. There is so much to learn on a daily basis and I try to take in as much as I can!



## **Spring Is on the Way**

March 19th marks the first day of spring and the vernal equinox, when the hours of daylight and darkness are nearly equal.



## Wit & Wisdom

"Great art picks up where nature ends." —Marc Chagall

"In the mind of every artist there is a masterpiece." —Kai Greene

"Art evokes the mystery without which the world would not exist." —René Magritte

"Sometimes with art, it is important just to look." —Marina Abramovic

"When I think of art I think of beauty. Beauty is the mystery of life." —Agnes Martin

"If art doesn't make us better, then what on earth is it for?" —Alice Walker

"The artist is not a different kind of person, but every person is a different kind of artist."

—Eric Gill

# **March 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Allen (East)	Johnson (West) McDonald (West)	4	Stewart (East)	6	7 Martin (West)
SPRING FORWARD	9 Henderson (West)	Lowery (East)	11	Kirkwood (West) Towner (East)	Baird (West) Norris (West) Marble (West) Rodgers (East)	14
Buters (West) Harden (West)	16	17	18	WELCOME, !	20	R. Bacon (East)
22	Beaver (East) Seneski (West)	Brown (East) Coats (West)	25 Surdu (McFarlan) Z. Bacon (West)	26	27	28 Butler (East)
29	30	31		Mo	rrcl	

