



**McFARLAN  
VILLAGES**

MCFARLAN HOME  
COURT STREET  
VILLAGE

[mcfarlanvillages.org](http://mcfarlanvillages.org)



Managed by  
Presbyterian Villages of MI

## March 2022

### ‘Shine’ Is One

How many words can you come up with using the letters in “happiness”?

### Memorable Melody: ‘Mr. Blue Sky’

A scientific study named it the happiest song in the world, thanks to its bouncy beat, familiar key, and sunny lyrics celebrating a clear, cloudless day. Recorded in 1977 by Electric Light Orchestra, “Mr. Blue Sky” was written by the band’s frontman Jeff Lynne during a working vacation in the Swiss Alps, where weeks of clouds and rain blotted out his creativity. As soon as the sun emerged, Lynne captured the simple joy he felt in the song’s chorus: “Mr. Blue Sky, please tell us why you had to hide away for so long?” Though it wasn’t a hit single, the track is now considered ELO’s signature tune.

### A Bunch of Blarney

One of Ireland’s best-known legends, the Blarney Stone is said to give the “gift of gab”—the ability to charm others with witty words—to all who kiss it. Visitors of Blarney Castle, located in County Cork, must climb 127 steps up a steep spiral staircase, lie down on the floor, and lean backward to land a smooch on the stone, which is embedded in an outer wall 100 feet above the ground.

### Rest To Feel Your Best

A fussy child is often a sign they’re ready for a nap—and the same is true for adults. Not only do short naps help improve memory and creativity, but they can also lift your mood when you’re feeling sad or stressed. Health experts say even if you don’t fall asleep, simply resting for a while in a quiet spot with no distractions can calm you down and lower blood pressure.



### First Flowers

The cup-shaped crocus is one of the first flowers to bloom every year. Popping up from the cold ground, sometimes through a blanket of snow, the blossoms announce the arrival of spring with their cheerful colors of purple, yellow and white.

### Spring Is in the Air

Celebrate the first day of spring on March 20 by spending some time outdoors. Count how many birds you see, look for emerging green grass or flowers, or simply inhale deeply and enjoy the fresh air.

### Grant Each Other’s Wishes

“Imagine if we were all magical leprechauns, and every wish ever made on a four-leaf clover obliged us to help others obtain their wishes. Now imagine if people simply lived like this were true.” —Richelle E. Goodrich

### McFarlan Home

Front Desk Phone  
810-235-3077

### Court Street Village

Office Phone (East) 810-239-4400  
Office Phone (West) 810-239-4700

### Salon (Court Street Village)

810-814-1666  
(By Appointment Only)

### After-Hours Emergency Maintenance (Court Street Village)

(810) 938-3273

### After-Hours On-Site Emergency (Court Street Village)

700 Building (810) 938-0392  
800 Building (810) 938-3272



## WELCOME

### McFarlan Villages is Online!

There are many ways to connect with us:

1. Visit our website for information about our properties at [mcfarlanvillages.org](http://mcfarlanvillages.org).
2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We just passed 200 likes—like us to join the fun!
3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to [jwamsley@pvm.org](mailto:jwamsley@pvm.org).

### Resident Referrals

Refer your friends and family to move into McFarlan Home or Court Street Village and get a referral bonus!

Court Street residents will receive \$500 per referral and McFarlan Home residents will receive \$50 per referral.

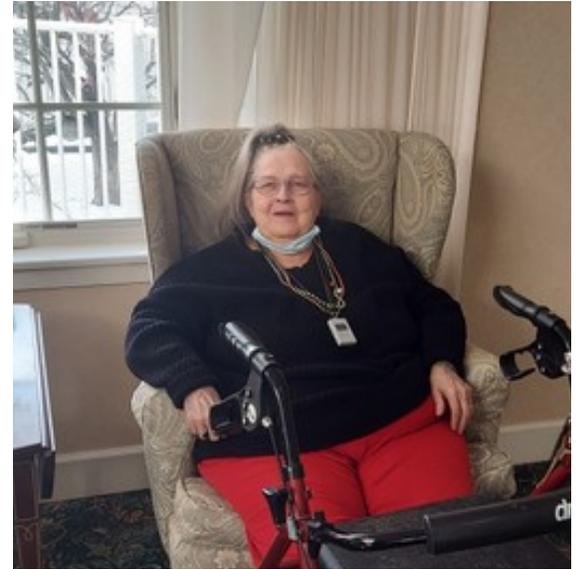
## Resident Spotlight

This month we will be getting to know a little bit more about two McFarlan Home residents who recently had birthdays!

First is Johnnie May Primm. She is 79 years old, has four sisters, was born in Arkansas but raised in Flint, and was married to the love of her life, Nathan, for 47 years. Together, they had one son, Nathan Jr. She was a homemaker and also did some work in restaurants. She has been at McFarlan Home since 2020 and her favorite hobbies include dancing, bingo, playing cards, and shopping.

Second is Arlene Chizmadia. She is 78 years old, her favorite color is red, she loves to golf, sing, play bingo and Solitaire, watch Price is Right and Let's Make a Deal. She was born in Fenton and grew up with four sisters and two brothers. Arlene was happily married to James Michael Chizmadia for 51 years. She came to McFarlan in 2016 and has

enjoyed her stay for all these years! Below is a picture of Arlene!



## Volunteer Feature

### Resident Liaison

James Riley, Roosevelt Mitchner, Shane Dawson, Thelma Mull

### Indoor Beautification

James Humpert, Kathleen Knott, Lillie Green, Louise McCorry, Rene Butler, Thelma Mull, William Wanbaugh

### Outdoor Beautification

Brenda King, James Humpert, James Riley, Jeanette Johnson, Thelma Mull, William Wanbaugh

### Coffee Baristas

James Humpert

### Community Improvement Research

Karen Lyons

### West Office Volunteers

James Humpert

### Resident Event Volunteers

Betty Lott, Bettye Brown, Charles Henderson, Jeanette Johnson, Shane

Dawson, Thelma Mull

### Condolence Angels

Herosa Simon, Willie Jo Foote

### Community Flyer Distribution

Helen Hodorovich, Linda Morris,

Lavena Colley

### Community Closet Staff

Helen Hodorovich, Lavena Colley,

Lois Eaker

### Children Center Staff

Cindy Duffie, Lavena Colley,

Lois Eaker





## Yellowstone: A National Treasure

This month marks a major conservation milestone: 150 years since the creation of Yellowstone National Park, the first-ever national park. Located mostly in Wyoming and parts of Montana and Idaho, it was established March 1, 1872.

One of the most unique places on Earth, Yellowstone sits atop a giant volcano. Roughly half of the world's hydrothermal features are found within the park, in the form of geysers, colorful hot springs and bubbling mudpots. The famous geyser Old Faithful erupts around 20 times a day, shooting hot water and steam more than 100 feet in the air.

With mountains, forests, grasslands, lakes, rivers and waterfalls, Yellowstone's diverse landscape is home to abundant wildlife, including the greatest concentration of mammals in the continental U.S. Millions of visitors flock to the park every year to view elk, bears, wolves and huge herds of bison, which have lived in the area since prehistoric times.

Humans are also part of Yellowstone's rich history. Evidence shows that people have been living on the land for at least 11,000 years. Today, more than 20 Native American tribes have strong connections to the region.



## Neighborly Lessons From Mr. Rogers

He taught many children the importance of kindness, and his legacy lives on every year on his birthday, March 20, as Won't You Be My Neighbor Day. Take some pointers from Mr. Rogers on how to do good in your neighborhood.

*Say hello.* In each episode of "Mister Rogers' Neighborhood," the soft-spoken host took time to say "Hi, neighbor!" to his viewers. A simple greeting can make others feel noticed and important. Regularly exchanging hellos can also lead to a friendly relationship between neighbors.

*Communicate and listen.* Kids learned how to handle conflict peacefully from the puppets that lived in the Neighborhood of Make-Believe. Hearing what others have to say and offering your own opinion in a gentle manner makes solving problems easier.

*Be a helper.* During frightening events, Mr. Rogers reminded us of his mother's advice: "Look for the helpers. You will always find people who are helping." No matter what's going on in the world, you can always offer assistance to members of your community.

## Wit & Wisdom

"There is no personal charm so great as the charm of a cheerful temperament."  
—Henry Van Dyke

"Just as the petals of a flower unfold and open to the warmth and light of the sun, so do we unfold and open to the enchantment of charm."  
—Thokoza

"Charm is the ability to make someone else think that both of you are pretty wonderful."  
—Kathleen Winsor

"Without painting, sculpture, music, poetry, and the emotions produced by natural beauty of every kind, life would lose half its charm."  
—Herbert Spencer

"You know what charm is: a way of getting the answer 'yes' without having asked any clear question."  
—Albert Camus

# March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Allen (East)	3 Johnson (West)	4	5 Stewart (East)
6	7 Martin (West) Royer (West)	8	9 Henderson (West)	10 Lowery (East)	11	12 Kirkwood (West) Towner (East)
13 Baird (West) Norris (West) Marble (West) Rodgers (East)	14	15 Buters (West) Harden (West)	16	17 	18	19
20 	21	22 Mays (West)	23 Beaver (East) Seneski (West)	24 Brown (East) Coates (West)	25 Bacon (West)	26
27 Mitchner (West)	28 Butler (East)	29	30 Moore (West)	31	<i>March</i>	

## Word Search

### Category: Numbers

S I X T Y B O P R U O F  
 E E T U C N E V E S I F  
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- Word Search Solution:
- Eight
  - Eighty
  - Eleven
  - Fifteen
  - Fifty
  - Five
  - Forty
  - Four
  - Nine
  - Ninety
  - Seven
  - Seventy
  - Six
  - Sixty
  - Thirteen
  - Thirty
  - Three
  - Twelve
  - Twenty
  - Two

